



**Jack Frost Bugloss**  
*Brunnera macrophylla 'Jack Frost'*

Plant Height: 12 inches

Flower Height: 16 inches

Spread: 18 inches

Spacing: 14 inches

Sunlight: ● ●

Hardiness Zone: 2b

Other Names: Siberian Bugloss

**Description:**

A shade loving variety that features dark green, heart shaped leaves with a silver overlay that resembles lace; baby blue flowers emerge in the spring; fast growing mounded habit, great for use in containers, borders or as groundcover

**Ornamental Features**

Jack Frost Bugloss features airy cymes of sky blue flowers with yellow eyes at the ends of the stems from early to late spring. The flowers are excellent for cutting. Its attractive heart-shaped leaves remain dark green in colour with showy silver variegation throughout the season.

**Landscape Attributes**

Jack Frost Bugloss is an herbaceous perennial with a mounded form. Its relatively coarse texture can be used to stand it apart from other garden plants with finer foliage.

This is a relatively low maintenance plant, and should be cut back in late fall in preparation for winter. It has no significant negative characteristics.

Jack Frost Bugloss is recommended for the following landscape applications;



*Jack Frost Bugloss foliage*  
Photo courtesy of NetPS Plant Finder



*Jack Frost Bugloss flowers*  
Photo courtesy of NetPS Plant Finder

- Mass Planting
- General Garden Use
- Groundcover
- Container Planting

### **Planting & Growing**

Jack Frost Bugloss will grow to be about 12 inches tall at maturity extending to 16 inches tall with the flowers, with a spread of 18 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 14 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in partial shade to shade. It requires an evenly moist well-drained soil for optimal growth. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Jack Frost Bugloss is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers and foliage against which the thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden. Be aware that in our climate, most plants cannot be expected to survive the winter if left in containers outdoors, and this plant is no exception. Contact our experts for more information on how to protect it over the winter months.



*Jack Frost Bugloss in bloom  
Photo courtesy of NetPS Plant Finder*